

Self Regulation and the Development of Self in Young Children

Presented by: **Catherine Crowley, OTD, OTR/L**



Project ABC is a collaboration between CHLA, CII, LACDCFS, LACDMH & USC.

DESCRIPTION:

Providers focusing on human development, mental health and education disciplines working with infants, toddlers and their families are invited to a full day training focused on the development of self regulation in young children. Participants will learn how setting limits and offering guidance to children at an early age helps build attachment, shapes their relationships with others and develops how they feel about themselves.

LEARNING OBJECTIVES:

- 1) Identify influences from the brain, body and environment on young children's behavior;
- 2) Understand sensory processing and its contribution to the development of self regulation and mutual regulation;
- 3) Understand the relationship between behavior, temperament, and sensory processing (sensory integration);
- 4) Understand a child's sensory preferences, triggers, and communication in light of his/ her sensory and regulatory systems;
- 5) Better understanding of our own sensory preferences and triggers and how they contribute to our sense of self and personality/ temperament;

Fulfills 6.5 Hours of California Training Guidelines Domain C

Friday August 6, 2010

8:00am – 4:00pm

The California Endowment

1000 N. Alameda St. Los Angeles, CA 90012

Dr. Catherine Crowley is an occupational therapist with 30 years experience. Kate began her career working with adults with emotional disorders. She later switched her prime interest to young children, particularly children birth to three, in an effort to assist parents and children identify and resolve problems at an early age. Kate pursued her doctoral studies at the University of Southern California's Department of Occupational Science/Occupational Therapy and studied at the Cedars- Sinai Infant Mental Health Training Institute (ITI).

Kate teaches part-time in USC's Occupational Therapy/ Occupational Science Department, and is consulting director at Atwater Park Center, an early intervention program in northeast Los Angeles.

Open to the first 100 registrants only. This will fill quickly. Payment required w/registration.

*Registration includes breakfast & lunch.
Free Parking on site*

Registration.....\$115

CE Fee, 6.5 credits.....\$15 *CE credit is optional*

Please indicate Total:

\$115 or \$130(w/CE)

PLEASE PRINT CLEARLY

Name _____ Organization _____

Email (for confirmation of receipt,
print clearly) _____

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Address _____

City _____ State _____ Zip _____

Telephone _____ Fax _____

Pay by Credit Card: Visa Mastercard American Express

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For your security, please include the last 3 digits of the number on the back
of your card: _____

Signature _____

To Pay by Check, please make payable to: **Children's Institute / Project ABC**

- All registration forms **must be accompanied w/payment**. Please retain a copy of your registration form.
- No registration refunds are issued for cancellations, but you may send a substitute to this training.
- To order & receive CE's, please indicate type of license (e.g. MFT, LCSW), state of issuance & license #

Type: _____ State: _____ License #: _____

Continuing Education Requirements: CE's are offered for PSY, MFT, LCSW, and BRN. Course meets the qualifications for 6.5 hours of continuing education credit for MFT's and/or LCWS as required by the California Board of Behavioral sciences. Children's Institute, Inc. provider #PCE 498. Children's Institute Inc. is approved by the American Psychological Association to sponsor sponsor continuing education for psychologists. Children's Institute Inc (provider #CEP8409) is approved by the California Board of Registered Nursing for 6.5 contact hours.

Please fax or mail completed Registration Form & payment to:

Project ABC

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